

SINCE 1995

NEW WORLD ORGANICS





Organic Granola 1lb

Our New World Organic Granola is made in Vancouver, Canada with nutritious seeds & whole grain Canadian oats.



Certified Organic by QAI
Certifié biologique par QAI



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Tropical Fruit & Nut Granola

INGREDIENTS: Oats*, Brown Cane Sugar*, Raisins*, Sunflower Oil*, Cashews*, Almonds*, Coconut*, Banana Chips*, Dates*, Apricots*, Sunflower Seeds*, Flax Seeds*, Sesame Seeds*, Tocopherols (Natural Vitamin E).

*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
Calories 255	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 9 g	14 %
Saturated / saturés 2 g	
+ Trans / trans 0 g	10 %
Carbohydrate / Glucides 40 g	
Fibre / Fibres 5g	20 %
Sugars / Sucres 13 g	13 %
Protein / Protéines 6 g	
Cholesterol / Cholestérol 0 mg	
Sodium 5 mg	0 %
Potassium 251 mg	5 %
Calcium 39 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is a little , 15% or more is a lot / * 5% ou moins c'est peu , 15% ou plus c'est beaucoup	



Almond Cashew Granola

INGREDIENTS: Oats*, Brown Cane Sugar*, Sunflower Oil*, Almonds*, Cashews*, Sunflower Seeds*, Sesame Seeds*, Flax Seeds*, Tocopherols (Natural Vitamin E).

*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
Calories 260	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 10 g	16 %
Saturated / saturés 1 g	
+ Trans / trans 0 g	5 %
Carbohydrate / Glucides 38 g	
Fibre / Fibres 6 g	24 %
Sugars / Sucres 10 g	10 %
Protein / Protéines 8 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0 %
Potassium 187 mg	4 %
Calcium 40 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is a little , 15% or more is a lot / * 5% ou moins c'est peu , 15% ou plus c'est beaucoup	



Pumpkin Flax Granola

INGREDIENTS: Oats*, Brown Cane Sugar*, Pumpkin Seeds*, Sunflower Oil*, Sunflower Seeds*, Sesame Seeds*.

*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
Calories 255	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 9 g	14 %
Saturated / saturés 1 g	
+ Trans / trans 0 g	5 %
Carbohydrate / Glucides 40 g	
Fibre / Fibres 5 g	20 %
Sugars / Sucres 7 g	7 %
Protein / Protéines 7 g	
Cholesterol / Cholestérol 0 mg	
Sodium 5 mg	0 %
Potassium 185 mg	4 %
Calcium 36 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is a little , 15% or more is a lot / * 5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-10171 UPC: 0 59443 10171

JIVA CODE: NEW-10174 UPC: 0 59443 10174

JIVA CODE: NEW-10175 UPC: 0 59443 10175



Organic Granola 2lb

Our New World Organic Granola is made in Vancouver, Canada with nutritious seeds & whole grain Canadian oats.



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Tropical Fruit & Nut Granola

INGREDIENTS: Oats*, Brown Cane Sugar*, Raisins*, Sunflower Oil*, Cashews*, Almonds*, Coconut*, Banana Chips*, Dates*, Apricots*, Sunflower Seeds*, Flax Seeds*, Sesame Seeds*, Tocopherols (Natural Vitamin E).

*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
Calories 255	% Daily Value*
% valeur quotidienne*	
Fat / Lipides 9 g	14 %
Saturated / saturés 2 g	10 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 40 g	
Fibre / Fibres 5g	20 %
Sugars / Sucres 13 g	13 %
Protein / Protéines 6 g	
Cholesterol / Cholestérol 0 mg	
Sodium 5 mg	0 %
Potassium 251 mg	5 %
Calcium 39 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is a little , 15% or more is a lot / * 5% ou moins c'est peu , 15% ou plus c'est beaucoup	



Almond Cashew Granola

INGREDIENTS: Oats*, Brown Cane Sugar*, Sunflower Oil*, Almonds*, Cashews*, Sunflower Seeds*, Sesame Seeds*, Flax Seeds*, Tocopherols (Natural Vitamin E).

*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
Calories 260	% Daily Value*
% valeur quotidienne*	
Fat / Lipides 10 g	16 %
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 38 g	
Fibre / Fibres 6 g	24 %
Sugars / Sucres 10 g	10 %
Protein / Protéines 8 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0 %
Potassium 187 mg	4 %
Calcium 40 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is a little , 15% or more is a lot / * 5% ou moins c'est peu , 15% ou plus c'est beaucoup	



Pumpkin Flax Granola

INGREDIENTS: Oats*, Brown Cane Sugar*, Pumpkin Seeds*, Sunflower Oil*, Sunflower Seeds*, Sesame Seeds*.

*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
Calories 255	% Daily Value*
% valeur quotidienne*	
Fat / Lipides 9 g	14 %
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 40 g	
Fibre / Fibres 5 g	20 %
Sugars / Sucres 7 g	7 %
Protein / Protéines 7 g	
Cholesterol / Cholestérol 0 mg	
Sodium 5 mg	0 %
Potassium 185 mg	4 %
Calcium 36 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is a little , 15% or more is a lot / * 5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-10116 UPC: 0 59443 10116

JIVA CODE: NEW-10118 UPC: 0 59443 10118

JIVA CODE: NEW-10119 UPC: 0 59443 10119



Organic Muesli

Our New World Organic Muesli is made in Vancouver, Canada with nutritious seeds & whole grain Canadian oats.



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Fruit Nut Muesli 2lb

INGREDIENTS: Rolled Oat Flakes*, Raisins*, Almonds*, Cashews*, Sunflower Seeds*, Flax Seeds*.

*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g)	
Par portion (60 g)	
Calories 237	% Daily Value*
Fat / Lipides 7 g	% valeur quotidienne* 9 %
Saturated / saturés 1 g	6 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 38 g	
Fibre / Fibres 6 g	21 %
Sugars / Sucres 4 g	4 %
Protein / Protéines 8 g	
Cholesterol / Cholestérol 0 mg	
Sodium 4 mg	4 %
Potassium 265 mg	6 %
Calcium 49 mg	4 %
Iron / Fer 3 mg	15 %

5% or less is a **little**, 15% or more is a **lot** / * 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-10160 UPC: 0 59443 10160



Fruit Nut Muesli 1lb

INGREDIENTS: Rolled Oat Flakes*, Raisins*, Almonds*, Cashews*, Sunflower Seeds*, Flax Seeds*.

*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g)	
Par portion (60 g)	
Calories 260	% Daily Value*
Fat / Lipides 10 g	% valeur quotidienne* 16 %
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 38 g	
Fibre / Fibres 6 g	24 %
Sugars / Sucres 10 g	10 %
Protein / Protéines 8 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0 %
Potassium 187 mg	4 %
Calcium 40 mg	3 %
Iron / Fer 2 mg	12 %

5% or less is a **little**, 15% or more is a **lot** / * 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-10161 UPC: 0 59443 10161



Goji Berry Muesli 1lb

INGREDIENTS: Rolled Oats*, Thompson Raisins*, Sunflower Seeds*, Flax Seeds*, Cashews*, Almonds*.

*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size 60 g (2 oz)	
Portion de 60 g (2 oz)	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories 220	
Fat / Lipides 6 g	10 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 6 mg	0 %
Carbohydrate / Glucides 20 g	2 %
Fibre / Fibres 6 g	24 %
Sugars / Sucres 4 g	
Protein / Protéines 8 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	4 %
Iron / Fer	12 %

JIVA CODE: NEW-10180 UPC: 0 59443 10180



Natural Almond Butters 355g

Made in Vancouver by New World Foods, a Canadian family company. No palm oil and no nasties.



*Applicable to select nut butters

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Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	
		% valeur quotidienne	
Calories 100			
Fat / Lipides 8 g		12%	
Saturated / saturés 0.5 g		3%	
+ Trans / trans 0 g			
Carbohydrate / Glucides 3 g		1%	
Fibre / Fibres 1 g		4%	
Sugars / Sucres 1 g		1%	
Protein / Protéines 4 g			
Cholesterol / Cholestérol 0 mg			
Sodium 0 mg		0%	
Potassium 120 mg		3%	
Calcium 56 mg		5%	
Iron / Fer 0.57 mg		3%	

JIVA CODE: NEW-40046 UPC: 0 59443 40046



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	
		% valeur quotidienne	
Calories 100			
Fat / Lipides 8 g		12%	
Saturated / saturés 0.5 g		3%	
+ Trans / trans 0 g			
Carbohydrate / Glucides 3 g		1%	
Fibre / Fibres 1 g		4%	
Sugars / Sucres 1 g		1%	
Protein / Protéines 4 g			
Cholesterol / Cholestérol 0 mg			
Sodium 0 mg		0%	
Potassium 120 mg		3%	
Calcium 56 mg		5%	
Iron / Fer 0.57 mg		3%	

JIVA CODE: NEW-40047 UPC: 0 59443 40047

Natural Almond Butter SMOOTH · ROASTED

INGREDIENTS: Natural dry roasted almonds.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.

Natural Almond Butter CRUNCHY · ROASTED

INGREDIENTS: Natural dry roasted almonds.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	
		% valeur quotidienne	
Calories 110			
Fat / Lipides 9 g		13%	
Saturated / saturés 0.5 g		3%	
+ Trans / trans 0 g			
Carbohydrate / Glucides 3 g		1%	
Fibre / Fibres 1 g		4%	
Sugars / Sucres 1 g		1%	
Protein / Protéines 4 g			
Cholesterol / Cholestérol 0 mg			
Sodium 0 mg		0%	
Potassium 120 mg		3%	
Calcium 56 mg		5%	
Iron / Fer 0.57 mg		3%	

JIVA CODE: NEW-40045 UPC: 0 59443 40045



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	
		% valeur quotidienne	
Calories 83			
Fat / Lipides 7 g		11%	
Saturated / saturés 3 g		15%	
+ Trans / trans 0 g			
Carbohydrate / Glucides 4 g		??%	
Fibre / Fibres 2 g		6%	
Sugars / Sucres 2 g		2%	
Protein / Protéines 2 g			
Cholesterol / Cholestérol 0 mg			
Sodium 0 mg		0%	
Potassium 120 mg		3%	
Calcium 56 mg		4%	
Iron / Fer 0.57 mg		3%	

JIVA CODE: NEW-40048 UPC: 0 59443 40048

Natural Cashew Butter 365g SMOOTH · RAW

INGREDIENTS: Natural raw almonds, natural almond oil.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.

Natural Coconut Almond Butter 365g

INGREDIENTS: Natural almonds, organic coconut, organic agave syrup, extra virgin oil.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	
		% valeur quotidienne	
Calories 90			
Fat / Lipides 7 g		11%	
Saturated / saturés 2 g		8%	
+ Trans / trans 0 g			
Carbohydrate / Glucides 6 g		2%	
Fibre / Fibres 1 g		4%	
Sugars / Sucres 4 g		4%	
Protein / Protéines 2 g			
Cholesterol / Cholestérol 0 mg			
Sodium 0 mg		0%	
Potassium 80 mg		2%	
Calcium 26 mg		2%	
Iron / Fer 0.75 mg		4%	

JIVA CODE: NEW-40056 UPC: 0 59443 40056

Natural Chocolate Almond Butter 365g

INGREDIENTS: Natural almonds, organic fair trade dark chocolate
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Natural Almond Butters 500g

Made in Vancouver by New World Foods, a Canadian family company. No palm oil and no nasties.



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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 9 g	13%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40031 UPC: 0 59443 40031

Natural Almond Butter SMOOTH · RAW

INGREDIENTS: Natural raw almonds, natural almond oil.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-10136 UPC: 0 59443 10136

Natural Almond Butter SMOOTH · ROASTED

INGREDIENTS: Natural dry roasted almonds.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-10137 UPC: 0 59443 10137

Natural Almond Butter CRUNCHY · ROASTED

INGREDIENTS: Natural dry roasted almonds.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Organic Almond Butter 365g

Made in Canada with organic almonds, our almond butter is naturally low in saturated fat. This organic almond butter is satisfyingly rich and bursting with nutty flavour!



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Organic Almond Butter 365g SMOOTH · RAW

INGREDIENTS: Organic raw almonds, organic sunflower oil.
Allergy Alert: Contains tree nuts. May contain traces of peanuts, other tree nuts or sesame seeds.

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 110	
Fat / Lipides 9 g	13%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40123 UPC: 0 59443 40123



Organic Almond Butter 365g CRUNCHY · ROASTED

INGREDIENTS: Organic almonds.
Allergy Alert: Contains tree nuts. May contain traces of peanuts, other tree nuts or sesame seeds.

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 100	
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40122 UPC: 0 59443 40122



Organic Almond Butter 365g SMOOTH · ROASTED

INGREDIENTS: Organic almonds.
Allergy Alert: Contains tree nuts. May contain traces of peanuts, other tree nuts or sesame seeds

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 100	
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40121 UPC: 0 59443 40121



Gourmet Collection Chocolate Nut & Seed Butters

Our New World Chocolate Gourmet collection is a delicious nut butter with a twist! Made in Vancouver.



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*Applicable to select nut butters

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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 7.99 g	11%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 6 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 8 mg	0%
Potassium 50 mg	1%
Calcium 30 mg	2%
Iron / Fer 0.72 mg	4%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40059 UPC: 0 59443 40059

Organic Chocolate Coconut Tahini 365g

INGREDIENTS: Hulled Sesame Seeds*, Coconut*, Virgin Coconut Oil*, Fair Trade Dark Chocolate*. *Organic Ingredients
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 90	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	11%
Saturated / saturés 2 g	8%
+ Trans / trans 0 g	
Carbohydrate / Glucides 6 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
Protein / Protéines 2 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 80 mg	2%
Calcium 26 mg	2%
Iron / Fer 0.75 mg	4%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40056 UPC: 0 59443 40056

Chocolate Almond Butter 365g

INGREDIENTS: Natural Almonds, Organic Fairtrade Chocolate.
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 90	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	11%
Saturated / saturés 2 g	8%
+ Trans / trans 0 g	
Carbohydrate / Glucides 6 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
Protein / Protéines 2 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 147 mg	3%
Calcium 21.5 mg	2%
Iron / Fer 1.1 mg	6%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40057 UPC: 0 59443 40057

Organic Chocolate Hazelnut Butter 365g

INGREDIENTS: Organic dry roasted Hazelnuts. Organic Fairtrade Chocolate.
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 88	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	9%
Saturated / saturés 1.35 g	7%
+ Trans / trans 0 g	
Carbohydrate / Glucides 5 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 3 g	3%
Protein / Protéines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 1 mg	0%
Potassium 86.6 mg	2%
Calcium 7.2 mg	1%
Iron / Fer 0.42 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40053 UPC: 0 59443 40053

Organic Chocolate Peanut Butter 365g

INGREDIENTS: Organic Peanuts, Organic Fairtrade Dark Chocolate.
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds.



Gourmet Collection Coconut & Seed Butters 365g

Our New World Coconut Gourmet collection is a delicious nut butter with a twist! Made in Vancouver.



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*Applicable to select nut butters

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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 83	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	11%
Saturated / saturés 3 g	15%
+ Trans / trans 0 g	
Carbohydrate / Glucides 4 g	??%
Fibre / Fibres 2 g	6%
Sugars / Sucres 2 g	2%
Protein / Protéines 2 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 120 mg	3%
Calcium 56 mg	4%
Iron / Fer 0.57 mg	3%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40048 UPC: 0 59443 40048

Coconut Almond Butter 365g SMOOTH - UNSALTED

INGREDIENTS: Natural almonds, organic coconut, organic agave syrup, extra virgin oil. **Allergy Alert:** Contains tree nuts and coconut. May contain traces of peanuts, other tree nuts or sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 85	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	9%
Saturated / saturés 2 g	10%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3.6 g	1%
Fibre / Fibres 1.2 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 46.8 mg	1%
Calcium 7.95 mg	1%
Iron / Fer 0.3 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40050 UPC: 0 59443 40050

Organic Coconut Peanut Butter 365g CRUNCHY - SALTED

INGREDIENTS: Organic peanuts, extra virgin organic coconut oil, organic agave syrup, organic coconut, sea salt. **Allergy Alert:** Contains peanuts and coconut. May contain traces of peanuts, other tree nuts or sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 85	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	9%
Saturated / saturés 2 g	10%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3.6 g	1%
Fibre / Fibres 1.2 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 5 mg	0%
Potassium 46.8 mg	1%
Calcium 7.95 mg	1%
Iron / Fer 0.3 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40051 UPC: 0 59443 40051

Organic Coconut Peanut Butter 365g SMOOTH - UNSALTED

INGREDIENTS: Organic peanuts, extra virgin organic coconut oil, organic agave syrup, organic coconut. **Allergy Alert:** Contains peanuts and coconut. May contain traces of peanuts, other tree nuts or sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 7.99 g	11%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 6 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 8 mg	0%
Potassium 50 mg	1%
Calcium 30 mg	2%
Iron / Fer 0.72 mg	4%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40058 UPC: 0 59443 40058

Organic Coconut Tahini 365g

INGREDIENTS: Organic hulled sesame seeds, organic agave syrup, organic coconut, organic virgin coconut oil. **Allergy Alert:** Contains Coconut. May contain traces of peanuts, other tree nuts or sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 81	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	11%
Saturated / saturés 3 g	15%
+ Trans / trans 0 g	
Carbohydrate / Glucides 5 g	2%
Fibre / Fibres 1 g	2%
Sugars / Sucres 0 g	0%
Protein / Protéines 2 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 80 mg	2%
Calcium 7 mg	0%
Iron / Fer 0.75 mg	4%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40080 UPC: 0 59443 40080

Coconut Cashew Butter 365g

INGREDIENTS: Raw cashews, extra virgin organic coconut oil, organic agave syrup, organic coconut. **Allergy Alert:** Contains cashews & coconut. May contain traces of peanuts, other tree nuts or sesame seeds.



Gourmet Collection Peanut Butters

Our organic gourmet collection is made in Vancouver. These nut butters are peanuts with a twist!



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* Applicable to select Peanut Butters





Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 85	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	9%
Saturated / saturés 2 g	10%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3.6 g	1%
Fibre / Fibres 1.2 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 46.8 mg	1%
Calcium 7.95 mg	1%
Iron / Fer 0.3 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40050 UPC: 0 59443 40050

Coconut Peanut Butter CRUNCHY - SALTED

INGREDIENTS: Organic peanuts, organic coconut, organic agave syrup, extra virgin organic coconut oil, organic chia seeds.
Allergy Alert: Contains peanuts. May contain traces of tree nuts and sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 85	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	9%
Saturated / saturés 2 g	10%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3.6 g	1%
Fibre / Fibres 1.2 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 5 mg	0%
Potassium 46.8 mg	1%
Calcium 7.95 mg	1%
Iron / Fer 0.3 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40051 UPC: 0 59443 40051

Coconut Peanut Butter SMOOTH - UNSALTED

INGREDIENTS: Organic peanuts, extra virgin organic coconut oil, organic agave syrup, organic coconut. **Allergy Alert:** Contains peanuts. May contain traces of tree nuts and sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 85	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	9%
Saturated / saturés 2 g	10%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3.6 g	1%
Fibre / Fibres 1.2 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 5 mg	0%
Potassium 46.8 mg	1%
Calcium 7.95 mg	1%
Iron / Fer 0.3 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40052 UPC: 0 59443 40052

Chia Coconut Peanut Butter

INGREDIENTS: Organic peanuts, extra virgin organic coconut oil, organic agave syrup, organic coconut. **Allergy Alert:** Contains peanuts. May contain traces of tree nuts and sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 88	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	9%
Saturated / saturés 1.35 g	7%
+ Trans / trans 0 g	
Carbohydrate / Glucides 5 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 3 g	3%
Protein / Protéines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 1 mg	0%
Potassium 86.6 mg	2%
Calcium 7.2 mg	1%
Iron / Fer 0.42 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40053 UPC: 0 59443 40053

Chocolate Peanut Butter

INGREDIENTS: Organic peanuts, organic fair trade dark chocolate (cane sugar, cocoa liquor, cocoa powder, cocoa butter). Traded in compliance with Fairtrade standards. Total 25%.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 90	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 2 g	10%
+ Trans / trans 0 g	
Carbohydrate / Glucides 4 g	1%
Fibre / Fibres 2 g	8%
Sugars / Sucres 1 g	0%
Protein / Protéines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 1 mg	0%
Potassium 100 mg	3%
Calcium 10 mg	1%
Iron / Fer 0.36 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40077 UPC: 0 59443 40077

Good Fats Peanut Butter

INGREDIENTS: Non-GMO peanuts, organic virgin coconut oil with medium chain triglycerides, avocado oil, tapioca root starch, organic brown flax seeds, organic black chia seeds, macadamia oil..



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 80	% Daily Value % valeur quotidienne
Fat / Lipides 7 g	11%
Saturated / saturés 2 g	10%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 2 g	8%
Sugars / Sucres 1 g	1%
Protein / Protéines 5 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 100 mg	3%
Calcium 0 mg	0%
Iron / Fer 0.36 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40081 UPC: 0 59443 40081

Protein Coconut Peanut Butter

INGREDIENTS: Organic peanuts, extra virgin organic coconut oil, organic agave syrup, organic pea protein, organic coconut, sea salt..



Organic Hazelnut Butter

Finally, a pure hazelnut butter! Our organic hazelnut butter is made in Vancouver, Canada with organic dry-roasted hazelnuts & nothing else.



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*Applicable to select nut butters

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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 83	
Fat / Lipides 7 g	11%
Saturated / saturés 3 g + Trans / trans 0 g	15%
Carbohydrate / Glucides 4 g	??%
Fibre / Fibres 2 g	6%
Sugars / Sucres 2 g	2%
Protein / Protéines 2 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 120 mg	3%
Calcium 56 mg	4%
Iron / Fer 0.57 mg	3%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40057 UPC: 0 59443 40057

Organic Chocolate Hazelnut Butter 365g

INGREDIENTS: Organic dry roasted hazelnuts, organic fair trade dark chocolate (cane sugar, cocoa liquor, cocoa powder, cocoa butter). Traded in compliance with Fairtrade standards. Total 40%. Visit www.info.fairtrade.net.

Allergy Alert: Contains tree nuts. May contain traces of peanuts, other tree nuts or sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 97	
Fat / Lipides 9.36 g	12%
Saturated / saturés 0.68 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 2.64 g	1%
Fibre / Fibres 0.9 g	3%
Sugars / Sucres 0.73 g	1%
Protein / Protéines 2.25 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 113 mg	2%
Calcium 18.5 mg	1%
Iron / Fer 0.66 mg	4%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40055 UPC: 0 59443 40055

Organic Hazelnut Butter 365g

INGREDIENTS: Organic dry roasted hazelnuts.

Allergy Alert: Contains tree nuts. May contain traces of peanuts, other tree nuts or sesame seeds.



Organic Seed Butters

Add our deliciously seed butters to your smoothies, bread, dips, oatmeal, and baked goods for a flavourful nutrition



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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 87	
Fat / Lipides 7 g	9%
Saturated / saturés 0.6 g	3%
+ Trans / trans 0 g	3%
Carbohydrate / Glucides 1 g	0%
Fibre / Fibres 1 g	3%
Sugars / Sucres 0 g	0%
Protein / Protéines 5 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 166 mg	4%
Calcium 11 mg	1%
Iron / Fer 1.67 mg	9%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40074 UPC: 0 59443 40074

Organic Hemp Nut Butter 365g

INGREDIENTS: Organic hemp seeds.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 90	
Fat / Lipides 7 g	11%
Saturated / saturés 1.5 g	8%
+ Trans / trans 0 g	8%
Carbohydrate / Glucides 2 g	0%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
Protein / Protéines 5 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 120 mg	3%
Calcium 8 mg	0%
Iron / Fer 1.2 mg	6%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40078 UPC: 0 59443 40078

Organic Pumpkin Seed Butter 365g

INGREDIENTS: Organic dry roasted pumpkin seeds.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 90	
Fat / Lipides 7 g	11%
Saturated / saturés 1.5 g	8%
+ Trans / trans 0 g	8%
Carbohydrate / Glucides 2 g	0%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
Protein / Protéines 5 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 120 mg	3%
Calcium 8 mg	0%
Iron / Fer 1.2 mg	6%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40049 UPC: 0 59443 40049

Organic Pumpkin Seed Butter 365g

INGREDIENTS: Organic raw mechanically hulled pumpkin seeds, Organic sunflower oil.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 86.3	
Fat / Lipides 7.2 g	10%
Saturated / saturés 1.65 g	8%
+ Trans / trans 0 g	8%
Carbohydrate / Glucides 4.5 g	2%
Fibre / Fibres 0.17 g	1%
Sugars / Sucres 1 g	1%
Protein / Protéines 2.52 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0.75 mg	0%
Potassium 14.6 mg	0%
Calcium 15.5 mg	1%
Iron / Fer 0.63 mg	4%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40075 UPC: 0 59443 40075

Organic Sunflower Seed Butter

INGREDIENTS: Organic sunflower seeds, organic virgin coconut oil, organic agave syrup, organic coconut.

Allergy Alert: Contains Coconut. May contain traces of peanuts, other tree nuts or sesame seeds. Oil separation occurs naturally. Stir before using. Keep in a cool, dry place.



Organic Sesame Tahini 365g

Say goodbye to bland meals! Our organic raw tahini will add a creamy kick to your dressings, noodles, quinoa, dips, pitas, hummus, and roasted vegetables.



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*Applicable to select nut butters

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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 9 g	13%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 5 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
Protein / Protéines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 63 mg	2%
Calcium 64 mg	6%
Iron / Fer 0.38 mg	2%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40079 UPC: 0 59443 40079

Organic Sesame Tahini **WHOLE** 365g

INGREDIENTS: Organic whole sesame seeds & organic sesame oil.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 9 g	13%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 5 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 63 mg	2%
Calcium 64 mg	6%
Iron / Fer 0.38 mg	2%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40072 UPC: 0 59443 40072

Organic Sesame Tahini **ROASTED** 365g

INGREDIENTS: Organic roasted hulled sesame seeds & organic sesame oil.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 101	% Daily Value % valeur quotidienne
Fat / Lipides 9 g	12%
Saturated / saturés 1.5 g	8%
+ Trans / trans 0 g	
Carbohydrate / Glucides 2.55 g	1%
Fibre / Fibres 0 g	0%
Sugars / Sucres 0 g	0%
Protein / Protéines 2.55 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 68.4 mg	1%
Calcium 204 mg	16%
Iron / Fer 1 mg	6%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40079 UPC: 0 59443 40079

Organic Black Sesame Tahini 365g

INGREDIENTS: Organic unhulled black sesame seeds and organic sesame oil.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 7.99 g	11%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 6 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 8 mg	0%
Potassium 50 mg	1%
Calcium 30 mg	2%
Iron / Fer 0.72 mg	4%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40059 UPC: 0 59443 40059

Organic Chocolate Coconut Tahini 365g

INGREDIENTS: Organic hulled sesame seeds, organic coconut, organic virgin coconut oil, organic fair trade dark chocolate
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 9 g	13%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 5 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 63 mg	2%
Calcium 64 mg	6%
Iron / Fer 0.38 mg	2%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40073 UPC: 0 59443 40073

Organic Sesame Tahini **RAW** 365g

INGREDIENTS: Organic raw hulled sesame seeds & organic sesame oil.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 7.99 g	11%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 6 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 8 mg	0%
Potassium 50 mg	1%
Calcium 30 mg	2%
Iron / Fer 0.72 mg	4%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40058 UPC: 0 59443 40058

Organic Coconut Tahini 365g

INGREDIENTS: Organic hulled sesame seeds, organic agave syrup, organic coconut, organic virgin coconut oil seeds, Organic sunflower oil.
Allergy Alert: May contain traces of peanuts, other tree nuts



Organic Sesame Tahini 500g

Say goodbye to bland meals! Our organic raw tahini will add a creamy kick to your dressings, noodles, quinoa, dips, pitas, hummus, and roasted vegetables.



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Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	% valeur quotidienne
Calories 110			
Fat / Lipides	9 g		13%
Saturated / saturés	1 g		
+ Trans / trans	0 g		5%
Carbohydrate / Glucides	5 g		2%
Fibre / Fibres	1 g		4%
Sugars / Sucres	0 g		0%
Protein / Protéines	4 g		
Cholesterol / Cholestérol	0 mg		
Sodium	0 mg		0%
Potassium	63 mg		2%
Calcium	64 mg		6%
Iron / Fer	0.38 mg		2%

*5% or less is a **little**, 15% or more is a **lot**
 *5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40012 UPC: 0 59443 40012

Organic Sesame Tahini **RAW** 500g

INGREDIENTS: Organic raw hulled sesame seeds & organic sesame oil.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	% valeur quotidienne
Calories 110			
Fat / Lipides	9 g		13%
Saturated / saturés	1 g		
+ Trans / trans	0 g		5%
Carbohydrate / Glucides	5 g		2%
Fibre / Fibres	1 g		4%
Sugars / Sucres	0 g		0%
Protein / Protéines	4 g		
Cholesterol / Cholestérol	0 mg		
Sodium	0 mg		0%
Potassium	63 mg		2%
Calcium	64 mg		6%
Iron / Fer	0.38 mg		2%

*5% or less is a **little**, 15% or more is a **lot**
 *5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40016 UPC: 0 59443 40016

Organic Sesame Tahini **ROASTED** 500g

INGREDIENTS: Organic roasted hulled sesame seeds & organic sesame oil.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Natural Peanut Butters 1kg

Made in Vancouver by New World Foods, a Canadian family company. No palm oil and no nasties.



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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40018 UPC: 0 59443 40018



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40019 UPC: 0 59443 40019

Natural Peanut Butter CRUNCHY · SALTED 1kg

INGREDIENTS: Dry roasted peanuts, sea salt.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds

Natural Peanut Butter SMOOTH · SALTED 1kg

INGREDIENTS: Organic dry roasted peanuts, sea salt.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40016 UPC: 0 59443 40016



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40017 UPC: 0 59443 40017

Natural Peanut Butter CRUNCHY · UNSALTED 1kg

INGREDIENTS: Dry roasted peanuts.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds

Natural Peanut Butter SMOOTH · UNSALTED 1kg

INGREDIENTS: Dry roasted peanuts.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Natural Peanut Butters 2kg

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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40001 UPC: 0 59443 40001

Natural Peanut Butter CRUNCHY · SALTED 2kg

INGREDIENTS: Dry roasted peanuts, sea salt.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40002 UPC: 0 59443 40002

Natural Peanut Butter SMOOTH · SALTED 2kg

INGREDIENTS: Organic dry roasted peanuts, sea salt.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40004 UPC: 0 59443 40004

Natural Peanut Butter CRUNCHY · UNSALTED 2kg

INGREDIENTS: Dry roasted peanuts.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40005 UPC: 0 59443 40005

Natural Peanut Butter SMOOTH · UNSALTED 2kg

INGREDIENTS: Dry roasted peanuts.
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Natural Peanut Butters 500g

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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a **little**, 15% or more is **a lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40011 UPC: 0 59443 40011

Natural Peanut Butter CRUNCHY · SALTED 500g

INGREDIENTS: Dry roasted peanuts, sea salt.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a **little**, 15% or more is **a lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40015 UPC: 0 59443 40012

Natural Peanut Butter SMOOTH · SALTED 500g

INGREDIENTS: Organic dry roasted peanuts, sea salt.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a **little**, 15% or more is **a lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40014 UPC: 0 59443 40014

Natural Peanut Butter CRUNCHY · UNSALTED 500g

INGREDIENTS: Dry roasted peanuts.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

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JIVA CODE: NEW-40015 UPC: 0 59443 40015

Natural Peanut Butter SMOOTH · UNSALTED 500g

INGREDIENTS: Dry roasted peanuts.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Natural Peanut Butters 750g

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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40096 UPC: 0 59443 40096

Natural Peanut Butter CRUNCHY · SALTED 750g

INGREDIENTS: Dry roasted peanuts, sea salt.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40097 UPC: 0 59443 40097

Natural Peanut Butter SMOOTH · SALTED 750g

INGREDIENTS: Organic dry roasted peanuts, sea salt.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40094 UPC: 0 59443 40094

Natural Peanut Butter CRUNCHY · UNSALTED 750g

INGREDIENTS: Dry roasted peanuts.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup	

JIVA CODE: NEW-40095 UPC: 0 59443 40095

Natural Peanut Butter SMOOTH · UNSALTED 750g

INGREDIENTS: Dry roasted peanuts.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Organic Peanut Butter 1kg

Old fashioned organic peanut butter as nature intended. Made in Vancouver with 100% organic dry roasted peanuts and nothing else, our organic peanut butter is deliciously rich and nutty.



Certified Organic by QAI
Certifié biologique par QAI



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Organic Peanut Butter 1kg SMOOTH · UNSALTED

INGREDIENTS: Organic dry roasted peanuts.
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 100	
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	
+ Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

*5% or less is a little, 15% or more is a lot
*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40194 UPC: 0 59443 40194



Organic Peanut Butter 1kg SMOOTH · SALTED

INGREDIENTS: Organic dry roasted peanuts,
sea salt.
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds.

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 100	
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	
+ Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

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JIVA CODE: NEW-40195 UPC: 0 59443 40195



Organic Peanut Butter 1kg SMOOTH · UNSALTED

INGREDIENTS: Organic dry roasted peanuts.
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds.

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 100	
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	
+ Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

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*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40196 UPC: 0 59443 40196



Organic Peanut Butter 1kg SMOOTH · SALTED

INGREDIENTS: Organic dry roasted peanuts,
sea salt.
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds.

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
Calories 100	
Fat / Lipides 8 g	12%
Saturated / saturés 0.5 g	
+ Trans / trans 0 g	3%
Carbohydrate / Glucides 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

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*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40197 UPC: 0 59443 40197



Organic Peanut Butter 500g

Old fashioned organic peanut butter as nature intended. Made in Vancouver with 100% organic dry roasted peanuts and nothing else, our organic peanut butter is deliciously rich and nutty.



Certified Organic by QAI
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Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories 100	% Daily Value % valeur quotidienne		
Fat / Lipides 8 g	12%		
Saturated / saturés 0.5 g	3%		
+ Trans / trans 0 g			
Carbohydrate / Glucides 3 g	1%		
Fibre / Fibres 1 g	4%		
Sugars / Sucres 1 g	1%		
Protein / Protéines 4 g			
Cholesterol / Cholestérol 0 mg			
Sodium 0 mg	0%		
Potassium 100 mg	2%		
Calcium 7 mg	1%		
Iron / Fer 0.36 mg	2%		

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40190 UPC: 0 59443 40190

Organic Peanut Butter 500g SMOOTH · UNSALTED

INGREDIENTS: Organic dry roasted peanuts.
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories 100	% Daily Value % valeur quotidienne		
Fat / Lipides 8 g	12%		
Saturated / saturés 0.5 g	3%		
+ Trans / trans 0 g			
Carbohydrate / Glucides 3 g	1%		
Fibre / Fibres 1 g	4%		
Sugars / Sucres 1 g	1%		
Protein / Protéines 4 g			
Cholesterol / Cholestérol 0 mg			
Sodium 40 mg	2%		
Potassium 100 mg	2%		
Calcium 7 mg	1%		
Iron / Fer 0.36 mg	2%		

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40191 UPC: 0 59443 40191

Organic Peanut Butter 500g SMOOTH · SALTED

INGREDIENTS: Organic dry roasted peanuts, sea salt.
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds.



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories 100	% Daily Value % valeur quotidienne		
Fat / Lipides 8 g	12%		
Saturated / saturés 0.5 g	3%		
+ Trans / trans 0 g			
Carbohydrate / Glucides 3 g	1%		
Fibre / Fibres 1 g	4%		
Sugars / Sucres 1 g	1%		
Protein / Protéines 4 g			
Cholesterol / Cholestérol 0 mg			
Sodium 0 mg	0%		
Potassium 100 mg	2%		
Calcium 7 mg	1%		
Iron / Fer 0.36 mg	2%		

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40192 UPC: 0 59443 40192

Organic Peanut Butter 500g SMOOTH · UNSALTED

INGREDIENTS: Organic dry roasted peanuts.
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds.



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories 100	% Daily Value % valeur quotidienne		
Fat / Lipides 8 g	12%		
Saturated / saturés 0.5 g	3%		
+ Trans / trans 0 g			
Carbohydrate / Glucides 3 g	1%		
Fibre / Fibres 1 g	4%		
Sugars / Sucres 1 g	1%		
Protein / Protéines 4 g			
Cholesterol / Cholestérol 0 mg			
Sodium 40 mg	2%		
Potassium 100 mg	2%		
Calcium 7 mg	1%		
Iron / Fer 0.36 mg	2%		

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40193 UPC: 0 59443 40193

Organic Peanut Butter 500g SMOOTH · SALTED

INGREDIENTS: Organic dry roasted peanuts, sea salt.
Allergy Alert: Contains peanuts. May contain traces of tree nuts or sesame seeds.

